

dalla Cucina di Roberto

Daily Menu Suggestions

MONTH:

May / June

| | | | | | | | | | | | | | |
|--------|-----------|--------|-----------|---------|-----------|-----------|-----------|----------|-----------|--------|-----------|----------|-----------|
| Sunday | 9 | Monday | 10 | Tuesday | 12 | Wednesday | 13 | Thursday | 14 | Friday | 15 | Saturday | 16 |
| Sunday | 17 | Monday | 18 | Tuesday | 19 | Wednesday | 20 | Thursday | 21 | Friday | 22 | Saturday | 23 |
| Sunday | 24 | Monday | 25 | Tuesday | 26 | Wednesday | 27 | Thursday | 28 | Friday | 29 | Saturday | 30 |
| Sunday | 31 | Monday | 1 | Tuesday | 2 | Wednesday | 3 | Thursday | 4 | Friday | 5 | Saturday | 6 |
| Sunday | 7 | Monday | 8 | Tuesday | 9 | Wednesday | 10 | Thursday | 11 | Friday | 12 | Saturday | 13 |
| Sunday | 14 | Monday | 15 | Tuesday | 16 | Wednesday | 17 | Thursday | 18 | Friday | 19 | Saturday | 20 |

Choices:

| Entree | Accompaniments (as available) |
|--|--|
| Asian Stir Fry – chicken/pork/steak Teriyaki Chicken Noodle Soup Chicken or Pork Pizzaiola (w/crushed tomatoes, onions, mushrooms, raisons,...) Chicken Wings Alfredo, Fettuccini, Spaghetti, Penne Filet mignon Hamburgers Hot Dogs Lentil Soup London Broil (cook @ 170 for 1hr or until 110 F, then broil for 2min) Pasta w/meat sauce Pineapple Salmon Pork Chops Pork Loin Ribs – pork or beef Salmon (Tuscan, w/pinapple, teriyaki,...) Spaghetti aglio e olio- w/zucchini Tilapia – w/lemon or breaded, TV Dinner | Add Chicken Add Lamb Add Meatballs Add Sausage Air Fried Rosemary Potatoes Black Beans & Rice (or re-fried beans) Broccoli Cauliflower Creamed Corn Fried Rice Green Beans Green/yellow squash w/onions Italian Peppers, Oreganata Italian Peppers, Stuffed w/chop meat & rice Kernel Corn Mushrooms Onions Peas Peas & Carrots in butter sauce or sweet w/honey Potatoes, French Fried, rosemary garlic, boiled, baked Sweet Potatoes Tostados White Rice |