

# Dessert Test

No cheating. If all of the desserts listed below were sitting in front of you, which would you choose? Pick your dessert, and then look to see what psychiatrists think about you!

Carrot Cake

Angel Food Cake

Brownies

Lemon Meringue Pie

Vanilla Cake with Chocolate Icing

Strawberry Short Cake

Chocolate Icing on Chocolate Cake

Ice Cream

OK - Now that you've made your choice, this is what psychiatric research says about you:

**ANGEL FOOD CAKE...** Sweet, loving, cuddly. You love all warm and fuzzy items. A little nutty at times. Sometimes you need an ice cream cone at the end of the day.. Others perceive you as being childlike and immature at times.

**BROWNIES...** You are adventurous, love new ideas, and are a champion of underdogs and a slayer of dragons. When tempers flare up, you whip out your sabre. You are always the oddball with a unique sense of humour and direction. You tend to be very loyal.

**LEMON MERINGUE...** Smooth, sexy, and articulate with your hands, you are an excellent after-dinner speaker and a good teacher. But don't try to walk and chew gum at the same time. A bit of a diva at times, but you have m! any good friends.

**VANILLA CAKE WITH CHOCOLATE ICING...** Fun loving, sassy, humorous. Not very grounded in life; very indecisive and lack motivation. Everyone enjoys being around you You are a practical joker. Others should be cautious in making you mad. However, you are a friend for life.

**STRAWBERRY SHORTCAKE...** Romantic, warm, loving. You care about other people and can be counted on in a pinch. You also tend to melt. You can be overly emotional at times. And sometimes can be annoying.

**CHOCOLATE ON CHOCOLATE...** Sexy; always ready to give and receive. Very adventurous, ambitious, and passionate. You can appear to have a cold exterior but are warm on the inside. Not afraid to take chances. Will not settle for anything average in life. Love to laugh.

**ICE CREAM...** You like sports, whether it is baseball, football, basketball, or soccer. If you could, you would like to participate, but you enjoy watching sports. You don't like to give up the remote control. You tend to be self-centred and high maintenance.

**CARROT CAKE...** You are a very fun loving person, who likes to laugh. You are fun to be with. People like to hang out with you. You are a very warm hearted person and a little quirky at times. You have many loyal friends.