Black Beans and Pork Chops





Rated: ****

Submitted By: lovebeingamom Photo By: Lynda

Prep Time: 5 Minutes Cook Time: 25 Minutes

Ready In: 30 Minutes

Servings: 4

"Six ingredients - pork chops, black beans, salsa, cilantro, black pepper, and olive oil - are all you need to make this quick and delicious dish."

INGREDIENTS:

4 bone-in pork chops ground black pepper to taste

1 tablespoon olive oil

1 (15 ounce) can black beans, with liquid

1 cup salsa

1 tablespoon chopped fresh cilantro

Black Beans and Pork Chops (continued)

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DIRECTIONS:

- 1. Season pork chops with pepper.
- 2. Heat oil in a large skillet over medium-high heat. Cook pork chops in hot oil until browned, 3 to 5
- 3. Pour beans and salsa over pork chops and season with cilantro. Bring to a boil, reduce heat to medium-low, cover the skillet, and simmer until pork chops are cooked no longer pink in the center, 20 to 35 minutes. An instant-read thermometer inserted into the center should read 145 degrees F (63 degrees C).

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Printed from Allrecipes.com 11/23/2014